Largest USA cities ranked (median age)

Median age of residents, 2020–2024 average. Sort ascending to see the youngest cities.

Rank	City	State	Median age (2020–24)	Population (July 2025)
1	San Francisco	California	40.0	826,079
2	Miami	Florida	39.3	489,812
3	Portland	Oregon	38.8	635,109
4	Albuquerque	New Mexico	38.8	556,588
5	Las Vegas	Nevada	38.6	679,817
6	New York	New York	38.2	8,584,629
7	San Jose	California	38.2	989,814
8	Virginia Beach	Virginia	37.9	453,737
9	Oakland	California	37.9	440,838
10	Louisville/Jefferson	Kentucky	37.7	641,962
11	Mesa	Arizona	37.4	513,656
12	Los Angeles	California	37.2	3,869,089
13	Long Beach	California	37.1	450,469
14	Jacksonville	Florida	36.5	1,017,689
15	San Diego	California	36.2	1,406,106
16	Baltimore	Maryland	36.2	569,997
17	Sacramento	California	36.0	536,449
18	Tampa	Florida	35.9	413,554
19	Chicago	Illinois	35.8	2,731,585
20	Kansas City	Missouri	35.8	521,220
21	Colorado Springs	Colorado	35.7	494,743
22	Seattle	Washington	35.6	784,777
23	Tulsa	Oklahoma	35.6	416,209
24	Philadelphia	Pennsylvania	35.3	1,574,281
25	Denver	Colorado	35.3	740,613
26	Omaha	Nebraska	35.3	488,797
27	Aurora	Colorado	35.3	410,053
28	Detroit	Michigan	35.2	649,095
29	Oklahoma City	Oklahoma	35.1	719,849
30	Phoenix	Arizona	34.9	1,665,481
31	San Antonio	Texas	34.9	1,548,422
32	Washington	District of Columbia	34.9	693,645
33	Austin	Texas	34.7	1,002,632
34	Raleigh	North Carolina	34.7	506,306
35	Tucson	Arizona	34.6	548,371
36	Charlotte	North Carolina	34.5	964,784
37	Nashville-Davidson	Tennessee	34.5	721,074
38	El Paso	Texas	34.5	683,012
39	Houston	Texas	34.4	2,397,315
40	Indianapolis	Indiana	34.3	901,116
41	Memphis	Tennessee	34.2	609,647

42	Atlanta	Georgia	34.2	529,110
43	Fort Worth	Texas	33.6	1,028,117
44	Dallas	Texas	33.4	1,329,491
45	Minneapolis	Minnesota	33.4	430,324
46	Boston	Massachusetts	33.3	672,973
47	Columbus	Ohio	33.2	938,396
48	Fresno	California	32.8	555,549
49	Milwaukee	Wisconsin	32.4	562,407
50	Bakersfield	California	32.1	422,165

Source: Population and change since 2020: US Census Bureau, Vintage 2025 Population Estimates (July 1, 2025; released May 14, 2026), compared with the April 1, 2020 census base. Median age, household income and home value: US Census Bureau, American Community Survey 5-year estimates, 2020–2024 (released January 29, 2026). Values are 2020–2024 averages; dollar figures are in 2024 dollars. Last updated May 14, 2026. https://aifreeforever.com/chart/biggest-usa-cities